



Boiled Chicken, Ground Beef or Ground Turkey

(Use this recipe if your dog is sick or has lost his appetite with drug therapy. Any question/concerns then call your veterinarian immediately)

Ingredients and Directions

You only need to do this once a week or you can make more and freeze.

Chicken:

1. 1 large chicken breast with bone and skin. Do NOT feed the skin or the bones—they are only so the chicken breast does not dry out.
2. Boil water in sauce pan (enough to cover the chicken in the pan)
3. When the water is boiling then drop the chicken into the water for approximately 5-8-minutes. Do not over cook, as it will become rubbery.
4. Remove from boiling water and rinse in cold water until cool (this stops the cooking process).
5. Pat it dry and put in a plastic bag in the refrigerator.
6. At feeding times just tear a piece off and shred it with your fingers and add to your dogs regular dry dog food.

Ground Beef or Ground Turkey

1. Repeat the same process as boiling a chicken breast.
2. 1 LB of ground beef or turkey.
3. Remember to not over cook, rinse the meat and pat dry before putting into a plastic bag. Store in the refrigerator.
4. Add a large teaspoon to your dog's regular dog food at all feeding times.

Discontinue once you get your dog eating again. However, these are nice treats to make for your dog once in a while—it's like baking cookies for your children. Boiling and rinsing them boils the fat out so your dog does not get diarrhea.